

HEAL A FRIEND

A Series of Three Workshops Especially For You

September 24, October 8, and October 22, 2011



Linda Crose-Anderson, MMsc, CH
Minister, Past Life Regression Healer,
Master Hypnotherapist, Angel Facilitator,
Masters in Metaphysics



Bob Ranche
EFT Specialist and
Instructor, Master
Hypnotherapist

This series of workshops brings you three informational and transformational sessions that are sure to bring a shift in your perceptions and provide you with new insights into how to create the life you desire. Bring a friend to work with or meet new friends as we do many group and pairing exercises.

Saturday, September 24

1 to 4 pm

An Afternoon with the Angels

- Manifestation – Create the life you desire with the use of Intention. Learn how to send your wants to the Angels to manifest your true desires.
- The Archangels and Angelic Realm – Learn about the Angelic realm and the specific functions of the Archangels
- Communicating with the Angels – Learn how to call in your Angels to guide you
- Angel Signs – Learn how to recognize when the Angels are trying to communicate with you
- Past Life Regression – Understand current behaviors and how to remove blocks using lessons from the past

Saturday, October 8

1 to 4 pm

The Mind/Body Connection

- Learn how the mind affects the body through stress and illness
- Learn to transition your Gremlin into your Guardian Angel
- Learn how to tap into and rely on your Intuition
- Learn valuable relaxation techniques

Saturday, October 22

1 to 4 pm

Ending the Habit of Self Sabotage through EFT (Emotional Freedom Technique)

- Learn a healthy perspective of Self
- Learn why punishment is not the way to evoke change
- Learn ways of interrupting the cycle of punishment and guilt and discover innocence
- Learn ways to stay on track and break habits in yourself and others

Workshops are \$40 per person or \$35 each if you “bring a friend”. Enroll in the series and save! All three workshops for \$100 and if you “bring a friend” and you both can enroll in all three workshops for \$90!

Do something positive for yourself! All workshops are held in a private home in beautiful La Honda, California. Reserve your spot today by calling Linda at 650-417-1545

www.wingsofluf.com

www.bobranche.com

